調寄: 烏夜啼

日月交換如梭, 為善獻力功多, 修心修德匡時進, 修心修德医時進, 人世數十春秋, 轉眼愁發含霜, 提混沌沌虚度, 時至嘆奈何。

解曰:

白天和夜晚的交替好像織布的梭子那樣的快,為慈善事業貢獻勞力建 更多的功德,修心養性和修德行,應該和時間一樣的不斷在進行,如 果稍微懶惰的慢下來,那是在浪費時間啊!人生活在世界上,就只有 几十年,一轉眼間,就會感到悲傷的死去了,糊糊塗塗的,沒有好好 的過日子,到了死時,才來嘆氣,又能有什麼用呢?

英释:

The interchanging of day and night is likened to the speed of the weaving shuttle. Contribute your effort to the charitable activities and create more merits. Discipline the mind and body and cultivate a virtuous path continuously as in the passage of time. If you become lazy and slow down then you are wasting time. Life on earth is only for a few decades and in the wink of an eye you will feel remorseful and pass away. If you go through life in a dazed manner and without passing the time fruitfully, then what is the point of regret at the time of death.